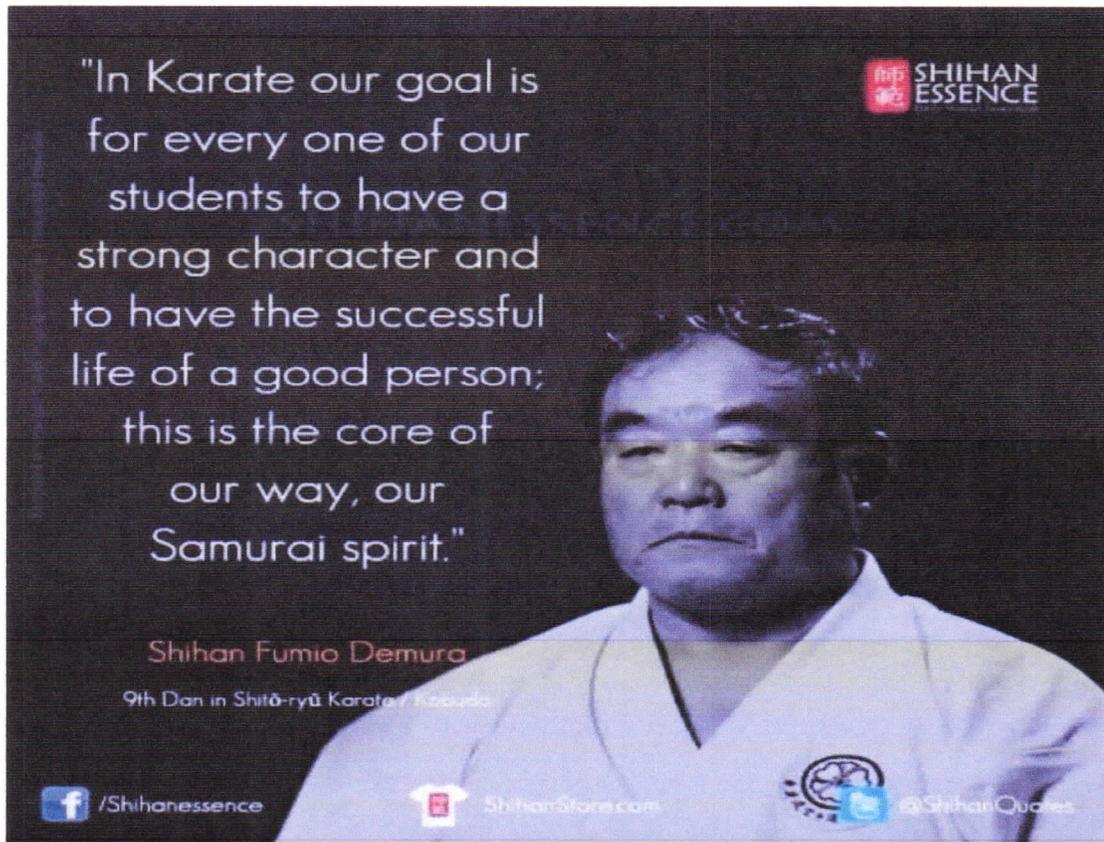


Annual Karate-Do Weekend 2017

October 20th, 21th, and 22th



"In Karate our goal is for every one of our students to have a strong character and to have the successful life of a good person; this is the core of our way, our Samurai spirit."

Shihan Fumio Demura

9th Dan in Shitō-ryū Karate / Kobudo

 /Shihanessence

 ShihanStore.com

 @ShihanQuotes

Instructional Seminars

Oct. 20, 21 & 22nd
Genbu- Kai New Jersey
Dojo at HRC Fitness
30 Brower Lane
Hillsborough, NJ 08844

Annual Awards

Banquet
Saturday, Oct. 21st
Franklin Plaza
195 Davidson Avenue
Somerset, NJ, 08873

Kobudo Testing

Sunday, Oct. 22nd
30 Brower Lane
Hillsborough, NJ 08844

Genbu - Kai New Jersey
30 Brower Lane, Hillsborough, 08844
908-359-3600

For more information, please contact:
J. Jeffrey Molesko
Shito-Ryu Karate-Do Genbu-Kai New Jersey
Hillsborough Family Martial Arts
bushido48@verizon.net
Cell (908) 295-8483

September 2017

Dear Sensei's, Students, Parents, and Friends,

We are pleased to announce that this year we will be hosting our fourth annual Genbu-Kai NJ Awards Banquet and Seminar Weekend. Shihan Fumio Demura will be making the journey this year with Sean Demura and Senpai Thanh Nguyen from the Hombu Dojo in California. This event will be held on Friday, Saturday and Sunday, October 20, 21 and 22nd at the Genbu-Kai Dojo located in Hillsborough, New Jersey. These seminars will be led by our special guests Shihan Fumio Demura, Senpai Thanh Nguyen, Sensei Dave Jones, and Sensei Keith Moore; and assisted by some of the top Genbu-Kai instructors in the country.

Shihan Demura was born in Yokohama, Japan and began training in karate at the age of 9. At the age of 12 he started training under Ryusho Sakagami and received his 1st Dan black belt in 1956, he won the East Japan Championships in 1957 and began training in kobudo, a style of Okinawan weapons training in 1959. Shihan Demura joins us from Santa Ana, California, where he has been teaching and practicing traditional martial arts at the Hombu Dojo since 1965. We had the privilege of celebrating his 51st Anniversary in the USA in February, 2016 in California.

He has been in many movies during his career, including The Karate Kid series, Mortal Kombat, Rising Sun, and Ninja. His biography film titled, The Real Miyagi premiered August 17, 2015 in California. Shihan has served as a teacher and mentor to thousands of people around the world. His vision is for every one of his students is to build a strong character and to have the successful life of a good person – that is the core of the Genbu-Kai way.

In addition to the seminars, Saturday evening, we will be hosting our Annual Awards Banquet featuring a delicious menu served buffet style. During this event we take the opportunity to recognize and reward students and instructors who have shown exceptional dedication, commitment, strength of character, and development throughout the past year. Also, we will award promotions to those students who have recently passed their Black Belt tests. This is always a memorable event.

This year we have increased the number of youth seminars to provide our younger students additional exposure to high-level instruction. This event occurs only once a year and all of our students are strongly urged to participate as part of their karate training and development.

On behalf of all of us at Genbu-Kai NJ, we look forward to seeing you all soon.

Jeff Molesko

Events Schedule 2017

Friday, October 20th - Karate-Do Seminars Genbu-Kai

5:30 - 6:15	Karate- Do Youth, all ages and levels	Demura Sensei
6:30 - 7:15	Karate- Do Adult, all levels	Thanh Nguyen
7:30 - 8:15	Kata Adult, all levels	Thanh Nguyen

Dinner at Jumbo Palace @ 8:45

424 US Highway 206, Hillsborough, NJ (908) 874-3050

Saturday, October 21st - Karate-Do Seminars Genbu-Kai

8:30 - 10:00	Batto-Do, all levels	Dave Jones
10:15 - 11:00	Karate-Do Youth, all ages and levels	Demura Sensei
11:15 - 12:00	Kata Youth, all ages and levels	Demura Sensei
12:15 - 1:00	Lunch Break - HRC Lounge	Lunch provided
1:00 - 2:00	Black / Red Belt Kata Naha –Te	Thanh Nguyen
2:15 - 3:00	Adult Bunkai (12 and up)	Doug Stein

Annual Genbu-Kai Awards Dinner 6:30-10pm

Franklin Plaza (Formerly Holiday Inn)

195 Davidson Avenue Somerset, NJ 08873 (732) 356-1700

Sunday, October 22nd - Karate-Do Seminars Genbu-Kai

9:00 - 10:00	Black / Red Belt Shuri - Te Kata	Thanh Nguyen
10:15 - 11:00	Short Weapons Kihon Kata / Bunkai	Thanh Nguyen & Dave Jones
11:15 - 12:00	Black Belt Kata - Kururunfa	Thanh Nguyen
11:15 - 12:00	Weapons Sparring - Youth	Dave Jones & Keith Moore
12:00 - 1:00	Lunch Break - HRC Lounge	Lunch Provided
1:00 - 1:45	Long Weapons Kihon Kata / Bunkai	Dave Jones
1:00 - 1:45	Self Defense - Adults	Thanh Nguyen
2:00- 3:00	Weapons Testing	Sensei
3:00 - 3:45	Japanese Brush Painting	Sensei

Note : Weapons seminars are all ages

Dinner, hosted by Nimmo & Amrik Sahota @ 4:30-8:00pm

190 Bywater Way

Hillsborough, NJ 08844 (908) 369-4069

Please **RSVP** if attending by **10/15** to

Jeff Molesko at bushido48@verizon.net

2017 Seminar Application

Name: _____ Cell: _____ Age: _____ Rank: _____

Time	Friday, October 20th Seminars	Pre-Registered	At the Door
5:30 - 6:15	Karate-Do Youth, all ages & levels	\$15	\$20
6:30 - 7:15	Karate-Do, Adult	\$15	\$20
7:30 - 8:15	Kata, Adult	\$15	\$20

Time	Saturday, October 21st Seminars	Pre-registered	At the Door
8:30-10:00	Batto-Do, all levels	\$15	\$20
10:15-11:00	Karate-Do Youth, all ages & levels	\$15	\$20
11:15-12:00	Kata Youth, all ages & levels	\$15	\$20
12:15-1:00	Lunch Break (HRC Lounge)		
1:00-2:00	Black / Red Belt Kata Naha -Te	\$20	\$25
2:15-3:00	Adult Bunkai (13 & up)	\$15	\$20

Time	Sunday, October 22nd Seminars	Pre-registered	At the door
9:00-10:00	Kobudo Testing (Jujitsu Room)	\$25	\$30
9:00-10:00	Black / Red Belt Shuri - Te Kata	\$20	\$25
10:15-11:00	Short Weapons Kihon Kata / Bunkai - all ages	\$15	\$20
11:15-12:00	Black Belt Kata - Kururunfa	\$20	\$25
11:15-12:00	Weapons Sparring - Youth	\$15	\$20
12:00-1:00	Lunch Break (HRC Lounge)		
1:00-1:45	Long Weapons Kihon Kata / Bunkai - i all ages	\$15	\$20
1:00-1:45	Self Defense - Adults	\$15	\$20
2:00-2:45	Japanese Brush Painting - Demura Sensei	\$30	\$35

All students must bring their own weapons to the Kobudo seminars & testing. All testing is by invitation or with instructor permission.

Received by: Cash: Check Amount: Check #:	Total Due:	\$
	Total Paid:	\$
	Amount Due:	\$

Banquet Reservations Form

Saturday, October 21st

6:30 p.m. to 10:00 p.m.

Franklin Plaza (Formerly Holiday Inn) Somerset, NJ 08873

(732) 356-1700

This event must be pre-paid. Reservations along with payment must be received no later than Saturday, October 14th. Make checks payable to Jeff Molesko.

Please fill out this reservation form and mail it with your payment to:

Jeff Molesko

1113 River Road

Hillsborough N.J. 08844

Name:	Cell #:
-------	---------

Dinner Buffet Menu (includes all items)

Adult Dinner Buffet

Rolls w/ Butter

Mixed Greens w/ Assorted Dressings

Chicken Francese

Vegetable Lasagna

Fresh Seasonal Vegetables

Roasted Potatoes

Soda, Water, Coffee and Tea

Cake

Kids Menu

Chicken Fingers

French Fries

Fresh Seasonal Vegetables

Cookies and Brownies

Soft Drinks, Chocolate Milk, Fruit Juice

	# of people	\$ per person	\$ Amount
Number of Adults (13 yrs. & up) @ \$45 ea.		x \$45	\$
Number of Children (up to 12 yrs.) @ \$25 ea.		x \$25	\$
Check #		TOTAL	\$

Senior Instructor Biographies

Sensei Thanh Nguyen has been training under Shihan Fumio Demura for 29 years. He has worked on numerous films and karate training videos with Shihan Fumio Demura. Sensei Nguyen has been featured in the film Ninja(2009). Sensei Nguyen has been in numerous demonstrations with Shihan Fumio Demura. He resides in Eastvale CA and trains at the Santa Ana Hombu Dojo.

Sensei Nguyen holds the following ranks: Godan (5th Degree Black Belt) in Karate-Do, Rokudan (6th Degree Kobudo), and Nidan (2nd Degree) in Toyama-Ryu Batto-do.

Sensei Dave Jones has been training under Shihan Fumio Demura for 43 years and is on the Board of Directors of Japan Karate-Do Genbu-Kai. He has been inducted into both the Masters Hall of Fame as well as the Black Belt Hall of Fame. He maintains a dojo in Burlington, N.C.

Sensei Jones holds the following ranks: Rokudan (6th degree black belt) in Karate-Do, Rokudan (6th) in Toyama Ryu Batto-Do (Japanese Sword), Sandan (3rd) in Nakamura Ryu Batto-Do (Sword Art), Sandan (3rd) in Kendo (Japanese Fencing), Sanda (4th) in Kobudo (Traditional Japanese Weaponry) & Shodan in Iaido.

Sensei Jones devotes much of his time as an agent of Shihan Demura and has been instrumental in the development of Genbu-Kai NJ

Sensei Bryan Crimas started training in 1982 under under Demura Shihan, some 35 years ago. He oversees the Pittsburg State University Karate Club in Pittsburg, KS where his karate journey started. In Sensei Crimas's spare time he does numerous woodworking projects for many Shihan Demura and many Genbu Kai Schools. Many of these projects entail kobudo weapons, plaques, and other household needs.

Sensei Crimas holds the following ranks: Rokudan (6th degree black belt) in Genbu Kai Karate-Do, Yondan (4th) in Kobudo (Okinawan Weaponry), Yondan (4th) in Toyama Ryu Batto-Do (Japanese Sword).

Sensei Doug Stein started his training in 1975 under the Japan Karate Association. He joined Shihan Demura's group in 1997. Sensei Stein the the Director of Shotokan Karate Rengo-Kai. Appointed by the U.S. Olympic Committee to the Board of Directors of U.S.A. Karate (NKF). Member of the Executive Committee and Director of Legal Affairs of the AAU National Karate Program. Author of "Karate: Scattered Reflections of a Traditional Art in a Modern Society". Sensei Stein holds the rank of 6th Dan (6th degree black belt).

Sensei Keith Moore has been training in martial arts for 35 years, 26 of those years as a member of Genbu-Kai. Sensei Moore started his Genbu-Kai training under the direction of Sensei Charles Hobbib. He then branched out and established two dojos in New York. He and family relocated to Florida in 2003 and opened a Genbu-Kai dojo in Royal Palm Beach. Sensei Moore is Godan (5th degree black belt) in Karate, Godan in Batto-Do, and Yondan (4th degree) in Kobudo. Sensei Moore was inducted into the Genbu-Kai Hall of Fame in 2016. He is also a student of Aikido and Jujutsu.

Annual Weekend Directions to Venues

To: Karate Seminars

HRC Fitness
 30 Brower Lane
 Hillsborough, NJ 08844 (908) 359-3600

From: Liberty International Airport (EWR) Newark, NJ to Dojo

1. Follow signs for Interstate 78 W/Garden State Parkway/Clinton and merge onto I-78 W - 0.9 mi
2. Continue on I-78 W to Bridgewater. Take exit 17 from I-287 S - 30.0 mi / 28 min
3. Merge onto US-202 S/US-206 S - 1.0 mi
4. Merge onto US-206 S via the ramp to New Jersey 28/Somerville/Princeton- 0.2 mi
5. At the traffic circle, take the 3rd exit and stay on US-206 S - 4.6 mi
6. Continue onto US-206 S - 1.4 mi, Turn left onto Amwell Rd- 0.7 mi
7. Pass Auto Zone on your right, pass Avalon Assisted Care on left and go to first traffic light,
8. Turn left at light then make first right turn, then turn left at Brower Lane – Sign says HRC Fitness
9. Make first right onto HRC Fitness parking lot. Dojo is on the 2nd floor

From: Routes 287, 78 and 22

Follow signs for Somerville Circle. At circle, follow directions from step 5 above

Franklin Plaza (Formerly Holiday Inn Somerset-Bridgewater)

195 Davidson Ave, Somerset, NJ 08873
 (732) 356-1700

From Dojo to Banquet at Franklin Plaza (Formerly Holiday Inn) Somerset-Bridgewater

Head west on Brower Ln toward Amwell Rd - 292 ft, Turn right onto Amwell Rd - 0.1 mi
 Take the 1st left toward Amwell Rd - 325 ft, Take the 1st left onto Amwell Rd - 4.3 mi
 Turn left onto Elizabeth Ave - 2.1 mi, turn right onto New Brunswick Rd - 0.4 mi
 Turn left onto Davidson Ave, destination will be on the left

Area Hotels

Days Inn	Ramada Inn	Hampton Inn	Residence Inn Somerset
118 US Highway 206 Hillsborough, NJ 08844	60 Cottontail Lane Somerset, NJ 08873	255 Davidson Ave Somerset, NJ	37 World's Fair Drive Somerset, NJ 08873
(908) 685-9000	(732) 560-9880	(732) 563-1600	(732) 627- 0881

There are other Hotels on Davidson Ave. and the general area, feel free to research