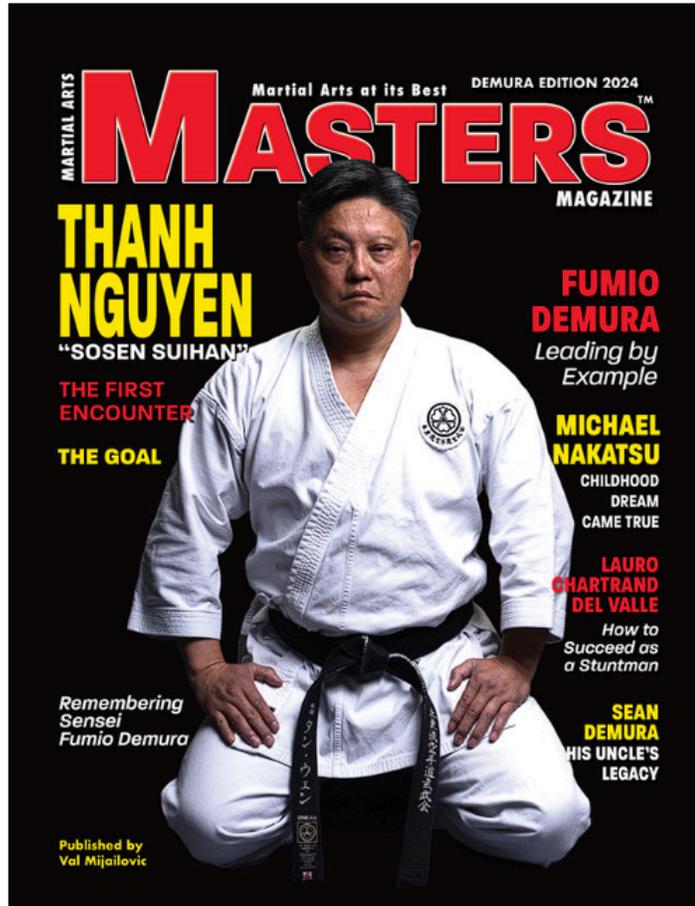


Annual Karate-Do Weekend 2025

September 12th, 13th, and 14th



Instructional Seminars

September. 12, 13 & 14th
Genbu- Kai New Jersey
Dojo at Pinnacle Health & Fitness
30 Brower Lane
Hillsborough, NJ 08844

Annual Awards

Banquet
Saturday, September.
13th
The Landing
311 Amwell Road
Hillsborough, NJ, 08844

Dan Karate Testing

Invitation Only
Friday, September 12th
30 Brower Lane
Hillsborough, NJ 08844

Genbu - Kai New Jersey
30 Brower Lane, Hillsborough, 08844
908-359-3600

For more information, please contact:

J. Jeffrey Molesko

bushido48molesko@gmail.com

Senpai William Nehlsen

wnehlsen@pinnacle-nj.com

July 10th, 2025

Dear Karateka , Parents, Friends, and Guests

We are pleased to announce that this year we will be hosting our 30th Annual Genbu-Kai NJ Awards Banquet and Seminar Weekend September 12,13 ,and 14th. Chief Instructor Sensei Thanh Nguyen will be coming from the Hombu Dojo in California as our featured instructor .

Celebrating 30 years of your dojo's presence is a monumental achievement, a testament to its enduring legacy and the positive impact it has had on countless students. For three decades, your dojo has been a place not only for mastering martial arts but also for building character, discipline, and community. The longevity of your dojo reflects your unwavering commitment to upholding traditions, fostering personal growth, and adapting to the ever-changing needs of your students. It's a space where individuals have found strength, resilience, and camaraderie, passing down values that continue to shape the future of martial arts. Reaching this milestone isn't just a celebration of time, but of the relationships, teachings, and transformations that have occurred under your roof. Your dojo is not just a business; it's a cornerstone of the community, a place where the spirit of martial arts thrives and inspires new generations.

In addition to the seminars and Dan Testing Friday evening there will be a casual informal dinner at a location still to be named. Saturday evening, we will be hosting our Annual Awards Banquet at " The Landing " , minutes from the Dojo. The evening will feature a delicious dinner served Buffet Style . During this event we take the opportunity to recognize and reward students and instructors who have shown exceptional dedication, commitment, strength of character, and development throughout the past year. Also, we will award promotions to those students who have recently attained the rank of Black Belt , this is always a memorable event.

This event occurs only once a year and all of our students are strongly urged to participate this weekend as part of their karate training and development. It is an opportunity to train with and forge friendships with Genbu-Kai members from all over the country . This is the second event we have held since the passing of Shihan Fumio Demura. I am sure he will be there in spirit . It is our privilege and obligation to continue training in the manner " Sensei " has instructed us . Please make every effort to attend to enhance your traditional martial arts training and strengthen the Genbu-Kai community.

On behalf of all of us at Genbu-Kai NJ, we look forward to seeing you all soon.

J.Jeffrey Molesko

Events Schedule 2025

Friday, September 12th - Karate-Do Seminars Genbu-Kai

4:00 - 5:30	Red/ Black Belt Testing (Invitation Only)	Yudansha Board
6:00 - 7:00	Karate- Do Youth, all ages and levels	
7:15 - 8:15	Adult Kata: all levels	

Dinner To Be Determined-Will be Sent via Email

Saturday, September 13th - Karate-Do Seminars Genbu-Kai

10:15-11:15	Karate-Do Youth & Adults	
11:30-12:30	Kumite Youth & Adults	
12:30-1:15	Lunch Break- Pinnacle Lounge	Lunch Provided If Purchased
1:15-2:15*	Short Weapons - Tonfa(Must have own)	
1:15-2:15*	Kata Bunkai	
2:30-3:30	Black/Red Belt Kata	

Annual Genbu-Kai Awards Dinner 6:30-10pm

The Landing

311 Amwell Road Hillsborough NJ 08844 (Two minutes from the dojo)

Sunday, September 14th - Karate-Do Seminars Genbu-Kai

8:30 - 10:00	Batto - Do, all levels	
9:00 - 10:00	Kyu Level Kata:All Ages	
10:15 - 11:15	Black/Red Belt Kata	
11:30 - 12:30*	Long Weapons- Bo	
11:30 - 12:30*	Self Defense - Teens/Adults	
12:30 - 1:15	Lunch Break - Pinnacle Lounge	Lunch Provided If Purchased
1:15 - 2:15	Kata Bunkai	

Note : Weapons seminars are all ages

Note: *Please Only Sign Up For One Simultaneous Class*

2025 Seminar Application

Name: _____ Cell: _____ Age: _____ Rank: _____

Time	Friday, September 12th Seminars	Pre-Registered	At the Door
6:00 - 7:00	Karate-Do Youth, all ages & levels	\$20	\$25
7:15 - 8:15	Kata, Adult, all levels	\$20	\$25

Time	Saturday, September 13th Seminars	Pre-registered	At the Door
10:15-11:15	Karate-Do Youth & Adults	\$20	\$25
11:30-12:30	Kumite Youth & Adults	\$20	\$25
12:30-1:15	Lunch Break (Pinnacle Lounge)		
1:15-2:15*	Short Weapon-Tonfa	\$20	\$25
1:15-2:15*	Kata Bunkai	\$20	\$25
2:30-3:30	Black/Red Belt Kata	\$20	\$25

Time	Sunday, September 14th Seminars	Pre-registered	At the door
8:30-10:00	Batto-Do: 12& up all levels	\$20	\$25
9:00-10:00	Kyu Level Kata: All ages	\$20	\$25
10:15-11:15	Black/Red Belt Kata	\$20	\$25
11:30-12:30*	Long Weapon- Bo	\$20	\$25
11:30-12:30*	Self Defense - Teens/Adults	\$20	\$25
12:30-1:15	Lunch Break (Pinnacle Lounge)		
1:15-2:15	Kata Bunkai	\$20	\$25

All students must bring their own weapons to the Kobudo seminars & testing. All testing is by invitation or with instructor permission.

Received by: Cash: Check Amount (payable to Jeff Molesko): Check #:	Total Due:	\$
	Total Paid:	\$
	Amount Due:	\$

Banquet Reservations Form

Saturday, September 13th, 2025

6:30 p.m. to 10:00 p.m.

The Landing Hillsborough, NJ 08844

(908) 281-1288

This event must be pre-paid. Reservations along with payment must be received no later than Saturday, September 6th. Make checks payable to Jeff Molesko.

Please fill out this reservation form and mail it with your payment to:

Jeff Molesko

1113 River Road

Hillsborough N.J. 08844

908-295-8483

Name:	Cell #:
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Dinner Buffet Menu (includes all items)

Adult Dinner Buffet

Mixed Field Greens

Braised Beef Short Ribs natural pan gravy

Chicken Francaise in a lemon butter sauce

Oven Roasted Salmon Fillet champagne sun dried tomato sauce

Pasta Primavera with seasonal vegetables and basil pesto

Garlic Whipped Potatoes and Chief's Seasonal Vegetable Medley

Kids Menu

Chicken fingers and fries

Pasta with butter sauce

Pasta with marinara sauce

Cookies and Brownies

Iced Tea, Hot Tea, Coffee, Soda

	# of people	\$ per person	\$ Amount
# of People @ \$65 Adult ea			\$
# of People @ \$55 Kids ea 12 & under			\$
Check #		TOTAL	\$

Lunch Form

If you would like to have lunch provided to you on Saturday, September 13th and/or Sunday, September 14th

please fill out this form and submit it, along with payment by Sunday September 5th

Otherwise, you are welcome to provide your own lunches.

I would like lunch provided to me on:

Saturday, September 13th: \$10

Lunch items: subs, chips and beverages.

Sunday, September 14th: \$10

Lunch items: pizza & beverages.

Total Due: \$_____

Name: _____

Received By & Date: Cash or Check Check Number:

Annual Weekend Directions to Venues

To: Karate Seminars

Pinnacle Health & Fitness

30 Brower Lane

Hillsborough, NJ 08844 (908) 359-3600

From: Liberty International Airport (EWR) Newark, NJ to Dojo

1. Follow signs for Interstate 78 W/Garden State Parkway/Clinton and merge onto I-78 W - 0.9 mi
2. Continue on I-78 W to Bridgewater. Take exit 17 from I-287 S - 30.0 mi / 28 min
3. Merge onto US-202 S/US-206 S - 1.0 mi
4. Merge onto US-206 S via the ramp to New Jersey 28/Somerville/Princeton- 0.2 mi
5. At the traffic circle, take the 3rd exit and stay on US-206 S - 4.6 mi
6. Continue onto US-206 S - 1.4 mi, Turn left onto Amwell Rd- 0.7 mi
7. Pass Auto Zone on your right, pass Avalon Assisted Care on left and go to first traffic light,
8. Turn left at light then make first right turn, then turn left at Brower Lane – Sign says Pinnacle Health & Fitness Fitness
9. Make first right onto Pinnacle Health & Fitness Fitness parking lot. Dojo is on the 2nd floor

From: Routes 287, 78 and 22

Follow signs for Somerville Circle. At circle, follow directions from step 5 above

Hotels there are a few options within a 10-20 minute radius.

Fairfield Inn & Suites Bridgewater

Branchburg/Somerville

947 U.S. Highway 202 North

Branchburg, NJ 08876

Homewood Suites by Hilton

Bridgewater/Branchburg

Bridgewater/Branchburg

TownePlace Suites Bridgewater

Branchburg

968 Route 202 South

Branchburg, NJ 08876

TownePlace Suites Bridgewater

Branchburg

1050 Route 202 South

Branchburg, NJ 08876

Fairfield Inn & Suites Somerset

315 Davidson Ave

Somerset NJ

08873